



सत्यमेव जयते



शरीरमाद्यं खलु धर्मसाधनम्



सत् त्वं पुषन् अपावृणु  
केन्द्रीय विद्यालय संगठन

# Webinar on Role of Sugars in Oral and General Health for Kendriya Vidyalaya Sangathan Primary School Teachers



Adult online  
eLearning for  
Kendriya  
Vidyalaya  
Sangathan  
School  
Teachers

## Webinar

Date : 21st August 2021

Time: 11:00 am to 12:00 pm

## Organized By

Centre for Dental Education and  
Research  
All India Institute of Medical  
Sciences  
New Delhi



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## ***Introduction:***

***Sugar is an essential component of our diet which tastes sweet. It serves as quick and easy fuel source for the body to use. Sugar can be considered as a double edged sword. Consumption of both less and more than optimum amount of sugar can adversely affect the body. The recognition that sugars have an etiological role in dental caries has been with us for centuries.***

***School teachers form an integral part of oral health promotion as the habits instilled in early stages by them can have a long term impact on the overall well being of an individual. A virtual online learning prioritizing the impact of sugars on oral and general health for school teachers can thus serve as an effective means of communication especially during this pandemic situation.***

## ***Objectives:***

- 1. To make school teachers aware of the impact of sugars on oral and general health***
- 2. To train school teachers on the ill effects of sugar***
- 3. To equip school teachers in providing oral health promotion in schools***

## ***Intended audience:***

***Primary Kendriya Vidyalaya Sangathan School Teachers***